



# RYUJINKAN MARTIAL ARTS CENTRE CLASS

## SCHEDULE



MON	TUES	WED	THURS	FRI	SAT	SUN
	6:30PM TO 7:30PM GOJU RYU KARATE (KIDS)		6:30PM TO 7:30PM GOJU RYU KARATE (KIDS)			10AM TO 11AM GOJU RYU KARATE (ALL AGES & RANKS)
	7:30PM TO 8:30PM GOJU RYU KARATE (ADULT)		7:30PM TO 8:30PM KUMITE CLASS (ALL STYLES)			11AM TO 12PM AIKIJUJUTSU (UPSTAIRS) OKINAWAN KOBUDO (DOWNSTAIRS) (AGES 8 & UP)
	8:30PM TO 9:30PM TRADITIONAL JUJUTSU & GOJU RYU KARATE (ADULT)		8:30PM TO 9:30PM TRADITIONAL JUJUTSU (ADULT)			12PM TO 2PM ALL STYLES OPEN TRAINING
						2PM TO 3PM MUGAI RYU IAIHYODO (AGES 13 & UP) (LAST SUNDAY OF EACH MONTH)

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